

Workbook for the
PARRIS ISLAND
Planner



*A guide to keeping your sanity
while your loved one is completing
Marine Corps boot camp*

VERA BASILONE

Workbook for the Parris Island Planner: A guide to keeping your sanity while your loved one is completing Marine Corps boot camp By Vera Basilone

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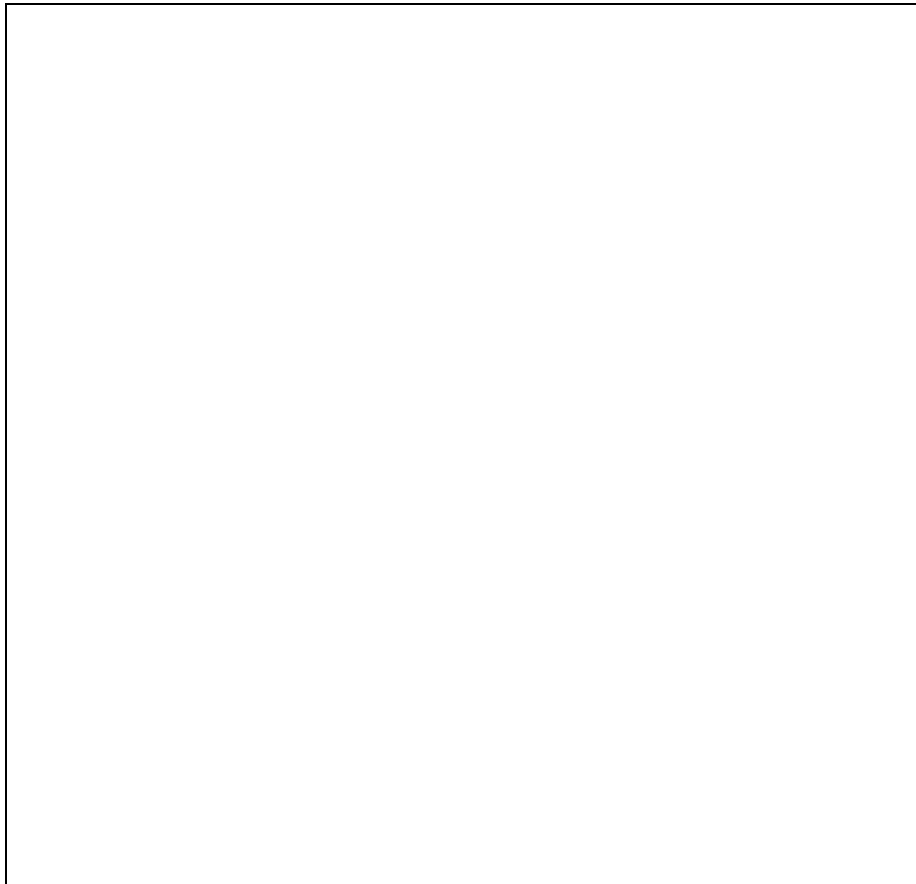
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Picture of Civilian Life

Print out a picture of your loved one before boot camp and paste it here.

Date picture was taken _____



Write a little bit about your loved one:

Chapter 1 Recruiter Worksheet

Local Recruiting Station address Address
Phone number: Phone number.
Name of Recruiter: Name.
Questions to ask the Recruiter:
1. Question 1.
2. Question 2.
3. Question 3
4. Question 4
5. Question 5.
Date called Date.
<input type="checkbox"/> Reached Recruiter
<input type="checkbox"/> Left message
<input type="checkbox"/> Scheduled meeting
Date Meeting Date
Time Time of Meeting.
Place Place to Meet.

Chapter 2

Military Time Worksheet

In chapter 2 you learned how to tell military time by using the 24-hour clock instead of the 12-hour clock. In this worksheet, you will answer questions that ask you to convert from military time to regular time or vice versa. Read the exercises below and answer the questions. The correct answers are found on the last page of the workbook.

1. You sent an email to the recruiter asking if you could meet with her to talk about the Marine Corps and ask some questions. She writes back and says she has an appointment at 1900. What time is that on your 12-hour clock?
2. Your recruit writes and tells you all about her day. At 1330 her platoon learns how to use the M40 field mask as they walk through a building filled with CS gas. What time is it when this recruit is learning about the M40 field mask?
3. Your recruit writes and tells you he didn't get to sleep the other night until 2100. What time is that according to your 12-hour watch?
4. You are writing to your recruit about your day. You want to tell her about a dental appointment you had at 2:00 pm on Tuesday. What time is that in military time?
5. It's Graduation Day and your new Marine wants you to meet him at the Parris Island museum at 1440. What time should you arrive according to your 12-hour watch?
6. You want to get some extra souvenirs before you head back home. The PX closes at 2000. How much time will you have to shop before it closes if you arrive by 6:00 pm?
7. Your new Marine wants to show you the Commissary. He asks you to meet him there at 1630. What time is that on your 12-hour clock?
8. Your new Marine is home on leave. You want to have dinner at 6:25 pm. Using military time, what time will you tell your new Marine to be home?
9. It is 0800 now and you want to have lunch at 1330. How many hours are there until lunchtime? Convert these times to a 12-hour clock.
10. The news is on TV at 11:00 pm. What time is that in military time?

Chapter 3 The Training Matrix with Phase 4

WK	MON	TUES	WED	THUR	FRI	SAT	SUN
P	Receiving			P1	IST P2	PICK-UP F1	F2
1	F3	T1 Academic Classes COD	T2 Physical Training Academic Classes	H/CUT - 1 (F) T3 Physical Training Academic Classes	H/CUT - 1(L) T4 Academic Classes MCMAP COD	T5 Physical Training Academic Classes COD	S1 Religious Services Academics Practical App Core Values Discussion
2	T6 Pugil Sticks I (I/F) Direct Deposit Core Values Discussion (Fe) Dental Recall (R1)	T7 Physical Training MCMAP COD (Fe) Dental Recall (R2)	T8 COD Academic Classes (M) Dental Recall (R1)-L	T9 Physical Training Academic Classes (M) Dental Recall (R1)-F	H/CUT - 2 (L/F) T10 MCX-1 (L/F) Academic Classes COD (F)	T11 5k Hike COD MCMAP	S2 Religious Services Academics Practical App Core Values Discussion
3	T12 Confidence Crs I (L/A) Obstacle Crs I (F/B) Initial Travel (Male) (Fe) Dental Recall (R3)	T13 Gas Chamber Rappel Tower	T14 Confidence Course I (F/B) Obstacle Crs-1 (B) (Fe) Dental Recall (R4)	H/CUT - 3 (F) T15 Obstacle Crs - 1 (L) MCMAP End Crs (F/F) COD (Fe) Dental Recall (R5)	T16 H/CUT - 3 (L) T16 MCMAP End Crs-1 (L) Pugil Sticks II (F/F) Academic Classes (M) Dental (R2) L/F	T17 8k Hike Academic Classes SerCom Inspection	S3 Core Values Discussion Religious Services
4	T18 Initial Drill MCMAP Initial Travel (Fe) MCX - 2 (Fe)	T19 Iron Ducks S.A.F.E. Swim Class Physical Training MCMAP Water Survival	T20 Iron Ducks MCX-2 (M) Physical Training Water Survival	T21 Iron Ducks COD Thrift Savings Plan Blended Retirement System	T22 Iron Ducks Inventory CFT COD (M) Dental (R3) L/F	T23 MCMAP End Crs MCMAP Testing	S4 Core Values Discussion Religious Services Blood Drive
Swim Week							
5	T24 Bayonet Assault Crs COD	H/CUT - 4 T25 PFT-1 (L + Fe) COD	T26 0-2 Clothing Indiv Photo (L) Innoculations-2	T27 0-2 Clothing Indiv Photo(F) Innoculations-2	T28 Written Exam Indiv Photo (Fe) PFT-1 (F) COD MARPAT II Run	T29 10 K Hike Core Values Discussion COD	S5 Core Values Discussion Religious Services
Team Week							
6	H/CUT - 5 T30 Physical Training COD	Dental Surgery (R4(F)) T31 Final Drill MCCMP Classes	Dental Surgery (R5(L)) T32	Dental Surgery (R5(F)) T33	Dental Make-up T34	T35 Inventory PFT	S6 Core Values Discussion Religious Services
Grass Week							
7	T36 MARPAT II F3U	T37	T38	T39 Table 1 Qual	H/CUT - 6 T40 0 Crs Table 1 Re-qual	T41 12 K Hike Museum Visit Foreign Language Prog	S7 Core Values Discussion Religious Services
Table 1 Firing Week							
8	T42 Table 1 Re-qual Physical Training Work Parties	T43 BWT (Follow/Female) Table 2 (Lead)	T44 0-2 Uniform Del (L/FeA) BWT (Follow/Female) Table 2 (Lead)	T45 0-2 Uniform Del (F/B) BWT (Lead) Table 2 (Follow/Female)	T46 MARPAT II Run BWT (Lead) Table 2 (Follow/Female)	T47 Combat End Crs Academic Classes	S8 Core Values Discussion Religious Services
Table 2/Basic Warrior Training							
9	T48 0-3 Clothing (L, FeA) Tempo Run (F/FB) Academic Classes (F/FeB)	T49 0-3 Clothing (F/FeB) Tempo Run (L/FeA) Academic Classes (L/FeA)	H/CUT - 7(L) T50 Final CFT (F/FeB) Academic Classes (F/F) Final Travel (L)	H/CUT - 7(F) T51 Final CFT (L/FeA) Academic Classes (L) Final Travel (F/FeA) MCX - 3 (F)	T52 Foreign Language Testing Final Travel (F/B) MCX - 3 (L/Fe) Academic Classes	T53 Physical Training Co Cmdr Inspection	S9 Core Values Discussion Religious Services
Testing Week							
10	T54 Final Exam / Prac App	T55 Final PFT	H/CUT - 8 (L/F) T56 Final Testing Retest	T57	T58	M1 15K Hike Emblem Ceremony Warrior Breakfast	S10 Base Liberty I
Testing Week				Crucible			
11	M2 O3 Uniform Del L/FeA NICU/TSND Check Ex Sgd Talks (CVGDs) Marriage Domestic Violence Drivers Safety Financial Responsibility	H/CUT - 9 M3 O3 Uniform Del F/FeB Force Fitness #1 SAPR Marine Panels Platoon Photo Dental (R6 (L)) (R6 (Fe))	M4 Force Fitness #2 Platoon Discussions Interationization Sexual Responsibility Social Media Leader Development Dental (R6 (F))(R7 (Fe))	M5 Force Fitness #3 Gear De-Issue Personal Effects Travel Makeup Dental (R7 (L/F))(R8 (Fe))	M6 Force Fitness #4 MCCS Resources / NMCRS / Reel Cross Brief BN CO Inspection O-4 Clothing	M7 Force Fitness #5 - Field Meet Base Liberty II	S11 Core Values Discussion
12	H/CUT - 10 M8 Weapons De-Issue Orders/SRB/RIS Pay Bills (Fe)	M9 Force Fitness #6 (L/F) Pay Bills (F) Sharing Legacy Speakers Graduation Family Day Practice Core Values Discussion Warfighting	M10 Molly Marine Force Fitness #6 (F) Pay Bills (L) Graduation Practice CVGD Warrior Pres SOF/MCT Brief	M11 O-4 Delivery MOT RUN Family Day Graduation Practice Core Values Discussion	M12 GRADUATION	Outpost	Outpost Updated: 171201

[Click here to download PDF](#)

Section 2: Writing Prompts

Chapters 5,6 and 7 describe what goes on during boot camp. Below you will find writing ideas to go along with each week of training. These ideas will help you when you are writing letters to your recruit. Below the prompts are a few extra lines for you to add your own questions.

Week 1

Tell me about your Drill Instructors

Is it as chaotic as it looks in the videos I watched online?

What are the other people like in your platoon?

- 1.
- 2.
- 3.

Week 2

Have you started MCMAP training yet?

I watched a video that shows pugil sticks. Did you get to use them?

How difficult is it to understand what the Drill Instructors are saying?

- 1.
- 2.
- 3.

Week 3

How did you do on the Confidence Course?

Did the DI's make you exercise while you waited in line?

How did your platoon do overall?

- 1.
- 2.
- 3.

Week 4

Did you do well during swim qualification?

Were there any iron ducks in your platoon?

Was it difficult to remove your combat equipment under water?

- 1.
- 2.
- 3.

Week 5

I know you have your first written test this week. What did you do to prepare for it?

Do they tell you how you did right away?

Did any part give you trouble? (E.g. Marine Corps history, drill, military law)

Have you gone through the gas chamber yet? What was it like?

How did you do on the rappel tower? Did the platoon do well overall?

- 1.
- 2.
- 3.

Week 6

What do you think of your PMI (Primary Marksmanship Instructor)?

Did you have to move to a different barracks closer to the ranges?

How is the food in the Weapon's Battalion chow hall?

- 1.
- 2.
- 3.

Week 7

Were the sand fleas bad on the range?

How did you shoot?

How was the weather for shooting?

- 1.
- 2.
- 3.

Week 8

Did you get put on a working party?

If so where and what did you do?

- 1.
- 2.
- 3.

Week 9

What did you think of the MREs (meals ready to eat)

- 1.
- 2.
- 3.

Week 10

Did everyone do better during the second time at the Confidence Course?

Did you do anything different this time?

What was the Combat Fitness Course like?

- 1.
- 2.
- 3.

Week 11

Did you do well on your final PFT?

Tell me about the Crucible

- 1.
- 2.
- 3.

Week 12

What did you dislike most about preparing for the inspection?

- 1.

Chapter 8 Checklist

Getting Ready for Graduation Day

- Sign up for emails about [Family Day](#)
- View [EventBrite Parris Island Graduation week activities and events](#).
Sign up for the activities you are interested in attending.
- If you wish, sign up for the Family Day Dinner with the depot command. A fee is associated with this event (the event is optional but recommended)
 - If you sign up for the Family Day Dinner with the depot command, write down at least five questions that have to do with life in the Marine Corps. Here are some ideas to get you started:
 1. Where have you been stationed?
 2. How long have you been a Marine?
 3. What is your MOS (Military Occupational Specialty)
 4. Do you plan on reenlisting? Why? Why not?

Where to Stay

- Visit [ParrisIsland.com](#) for a list of hotels in Beaufort
- Search the Internet for a closer look at hotels in the area.
- Read review and cancellation policies for the places you are interested in booking.
- Reserve rooms early
- Jot down the last day to cancel without penalty and the address and phone number of the hotel you choose in case your plans change and you need to contact them.

Hotels I like

1. Hotel & address	Information about room and cost
Name of the person you spoke with	How many miles from Parris Island?
Phone number	Last day to cancel the reservation without penalty?

2. Hotel & address	Information about room and cost
Name of the person you spoke with	How many miles from Parris Island?
Phone number	Last day to cancel the reservation without penalty?

3. Hotel & address	Information about room and cost
Name of the person you spoke with	How many miles from Parris Island?
Phone number	Last day to cancel the reservation without penalty?

4. Hotel & address	Information about room and cost
Name of the person you spoke with	How many miles from Parris Island?
Phone number	Last day to cancel the reservation without penalty?

RV Parks in the area

1. RV Park Name & address	Information about the park and cost
Name of the person you spoke with	How many miles from Parris Island?
Phone number	Last day to cancel the reservation without penalty?

2. RV Park Name & address	Information about the park and cost
Name of the person you spoke with	How many miles from Parris Island?

Phone number	Last day to cancel the reservation without penalty?
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3. RV Park Name & address	Information about the park and cost
Name of the person you spoke with	How many miles from Parris Island?
Phone number	Last day to cancel the reservation without penalty?

4. RV Park Name & address	Information about the park and cost
Name of the person you spoke with	How many miles from Parris Island?
Phone number	Last day to cancel the reservation without penalty?

Additional Notes:

Chapter 8

Checklist: What to Pack

Visit the [National Weather Service](http://www.nws.gov) page and jot down the forecast for your trip.

Weather Report Day 1:

Weather Report Day 2:

Weather Report Day 3:

Seasonal Clothing

Spring	Summer	Winter	Fall
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- Comfortable clothes for the ride to Parris Island
- Comfortable clothes for the ride back home
- Business casual outfit for graduation day
- Outfit for Family Day (T-shirt with your new Marine's platoon)
- Comfortable shoes for walking
- Medications (make sure they are in their original bottles with prescription information)
- Wheelchair (the Douglas Visitor's Center has some on a first come first served basis)
- Camera
- Video
- Chargers
- Extra batteries
- Binoculars

Warmer months	Colder months
<input type="checkbox"/> Insect repellent	<input type="checkbox"/> Hat
<input type="checkbox"/> Sunscreen	<input type="checkbox"/> Gloves
<input type="checkbox"/> Sun hat	<input type="checkbox"/> Heavy coat
<input type="checkbox"/> Umbrella	<input type="checkbox"/> Scarf

Additional Items:

- Shiny pennies and 2 quarters for the souvenir penny press
- Liquid chalk markers to decorate your vehicle
- Graduation gift for your new Marine ([Click here for ideas](#))
- Graduation card
- Wrapping paper or a gift bag (the MEX has Marine Corps gift bags and matching tissue paper)
- Family Day t-shirts (buy them online or at the MEX)
- Banner for the motivational run
- Welcome home banner for the front of your home

Family Day Events

Wednesday – Family Orientation Day

6:00 am to 10:00 pm – Marine Corps Exchange Open
6:00 am to 6:00 pm – Marine Corps Exchange Food Court Open
7:00 am to 5:00 pm – Engraving Shop Open
7:30 am to 4:00 pm – Register when you arrive at the Douglas Visitors Center
8:00 am to 12 Noon – Java Café open
10:00 am to 12:00 pm – Marine Corps 101 Brief at the [Douglas Visitors Center](#) including a behind the scenes tour. This is a free event, but seating is limited so [sign up for tickets](#) as soon as possible to guarantee seating.
[Lunch](#)
1:30 pm to 2:30 pm – Family Orientation Brief at the Lyceum
5:00 pm to 8:00 pm – Steak Night at Traditions. Reservations required. Call 843-228-1566 for details and reservations. * Your Marine will not be present as he or she will be preparing for graduation.

Thursday – Family Liberty Day

6:00 am to 4:00 pm – Register when you arrive at the Douglas Visitors Center
6:00 am to 2:00 pm – Java Cafe Open
6:00 am to 10:00 pm – Marine Corps Exchange Open
6:00 am to 6:00 pm – Marine Corps Exchange Food Court Open
7:00 am to 5:00 pm – Engraving Shop Open
7:00 am – Motivational Run – Peatross Parade Deck
8:00 am – Parris Island Museum open
8:00 am to 9:00 am – Marine Corps 101 Brief at the Douglas Visitors Center. This is a free event, but seating is limited so [sign up for tickets](#) as soon as possible to guarantee seating.
8:15 am – All Weather Training Facility (AWTF) open
9:30 am – 10:00 am – Battalion Commander’s Brief to Families & Liberty Ceremony (AWTF)
10:00 am – Liberty begins
10:00 am – 3:00 pm – The Bunker opens (a family day gathering place)
10:00 am – 2:00 pm – Marksmanship Training Unit Open House
10:30 am – 1:00 pm – Family Day Buffet at Traditions instead of the Lyceum which sustained damage during Hurricane Matthew (No registration required)
2:00 pm – Warrior’s Prayer at the Recruit Chapel
3:00 pm – Liberty ends
4:00 pm – 4:30 pm – Command Reception with Depot Command Members
4:30 – Command Welcome Remarks
4:45 pm – Family Day Dinner with Depot command at Traditions, [pre-purchased tickets](#) required.

Friday

6:00 am to 12:00 pm – [Douglas Visitors Center](#) Open – Please register when you arrive
6:00 am to 12:00 pm – Graduation Station open
6:00 am to 12 Noon – Java Café
6:00 am to 10:00 pm – Marine Corps Exchange Open
6:00 am to 6:00 pm – [Marine Corps Exchange Food Court Open](#)
7:00 am to 5:00 pm – Engraving Shop Open
7:45 am – [Morning Colors at Barrow Hall](#)
9:00 am to 10:00 am – Graduation at Peatross Parade Deck (weather permitting)

Chapter 11

Points of Interest Checklist

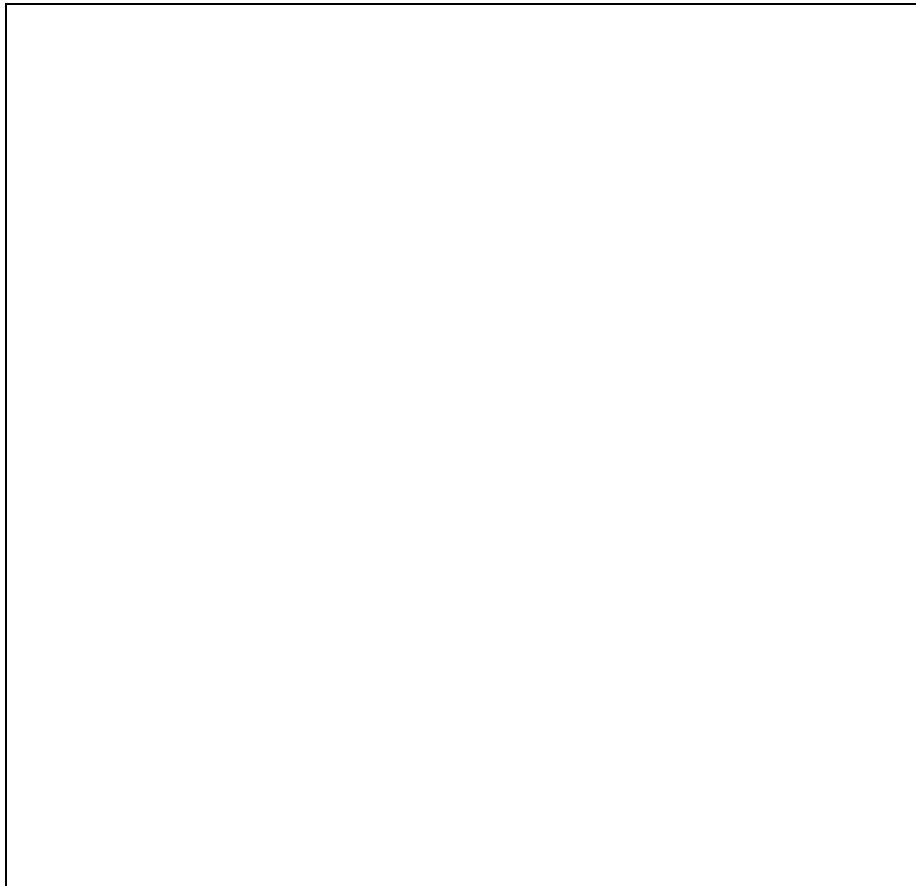
Check off the places you get to see while on Parris Island

- 4th Battalion
- All Weather Training Facility (AWTF)
- Brig and Brew
- Charlesfort-Santa Elena National History Landmark
- Douglas Visitors Center
- Drill Instructor Monument
- Drill Instructor School
- Dry Dock
- Elliott's Beach
- The Gazebo
- General Pollock Causeway
- Iron Mike
- Iwo Jima Monument
- Leatherneck Square
- Legends Golf Course
- Lyceum
- Molly Marine
- Marine Corps Exchange (MCX)
- Friday Morning Colors
- Purple Heart Monument
- Parris Island Bowling Center
- Parris Island Museum & Gift Shop
- Petross Parade Deck
- Purple Heart Monument
- Picnic Areas on Base
- Quarters One
- Recruit Chapel
- Souvenir Penny Coin Machine

Picture of Your New Marine

Place a picture of your Marine's graduation picture here.

Date picture was taken _____



Write a little bit about the changes in your loved one:

Answers to the Military Time Worksheet
Page 4

1. 7:00 pm
2. 1:30 pm
3. 9:00 pm
4. 1400
5. 2:40 pm
6. 8:00 pm
7. 4:30 pm
8. 1825
9. 5 ½ hours until lunch, 1:30 pm
10. 2300